

SciFit Fitness PRO2 Total Body Exerciser - Bariatric Seat

The **SciFit Fitness PRO2 Total Body Exerciser - Bariatric Seat** is a versatile rehabilitation tool combining upper-body exercise, lower-body recumbent biking, and total body movement in one system. Designed for a wide range of users, it is particularly effective for rehabilitation and fitness programs, accommodating bariatric patients with its robust design and accessible features.

Key Features:

- **Total Body Exercise:** Provides upper-body, lower-body, or full-body workouts, making it a versatile solution for rehabilitation and fitness.
 - **Dependent Motion:** Stronger limbs assist weaker ones, promoting balanced rehabilitation.
 - **Bi-Directional Movement:** Forward and reverse pedaling prolongs exercise, promotes reciprocal muscle balance, and enhances versatility.
 - **Adjustable Cranks:** Upper and lower cranks have three length settings for tailored user comfort.
 - **Low Starting Resistance:** Starts at just 6 watts, ensuring accessibility for users of all fitness levels.
 - **Resistance System:** Offers 191 levels of resistance, adjustable in 0.1 increments for precise control.
 - **Knee-to-Elbow Motion:** Optimizes torso rotation for a complete workout.
 - **Heart Rate Monitoring:** Telemetric heart rate monitoring with a chest strap (not included).
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Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through for easy entry and exit.
- **Direct Wheelchair Access:** Seat slides off for seamless wheelchair access, making it ADA-compliant.
- **Bariatric Seat:**
 - 5 inches wider than standard and premium seats.
 - Forward and back adjustability with integrated side handles for added safety and comfort.
 - 600 lb. maximum user weight capacity.
- **360° Therapist Assist Pedals:** Allows forward and back seat adjustments from any point around the machine.
- **Zero-Sloping Seat Adjustment:** Provides smooth forward and backward motion for optimal control and positioning.

- **Removable Seat Handle:** Integrated handle for easy seat removal.
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Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Features intuitive controls, large font, and tactile buttons for ease of use.
 - **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
 - **Resistance Levels:** 191 levels with 20 adjustable in 0.1 increments.
 - **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Stress Test
 - Random
 - **Iso-Strength Program:** Safe isokinetic resistance for accommodating strength training.
 - **Power Burst Program:** 8-second bursts of high-intensity training.
 - **Cool Down:** Automatic cool-down mode at the end of each exercise.
 - **User Settings:** Supports metric/US units and 9 languages (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **Workout Tracking:** Download results via USB flash drive for easy documentation.
 - **Additional Features:** Integrated cooling fans, USB charger, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating; includes a low-voltage AC adapter.
 - **Maximum User Weight Capacity:** 600 lbs.
 - **Unit Weight:** 251 lbs.
 - **Unit Dimensions:** 61" L x 30" W x 62" H.
 - **Frame Color:** Charcoal.
 - **Cover Color:** Cool Gray.
 - **Manufacturing:** Assembled in the USA.
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Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO2 Total Body Exerciser?

The **SciFit PRO2 Total Body Exerciser - Bariatric Seat** is the industry's most versatile rehabilitation tool. It is ideal for rehabilitation clinics, wellness centers, and fitness facilities aiming to accommodate users of all abilities, including bariatric patients. Its bi-directional movement, extensive resistance options, and user-friendly design make it a standout solution for total body wellness and recovery.

SciFit Fitness PRO2 Total Body Exerciser - Standard Seat

The **SciFit Fitness PRO2 Total Body Exerciser - Standard Seat** is a versatile rehabilitation tool, serving as an upper-body exerciser, lower-body recumbent bike, and total body exercise solution in one. Its dependent motion system allows stronger extremities to assist weaker ones, making it ideal for rehabilitation and fitness settings.

Key Features:

- **Total Body Solution:** Offers upper-body, lower-body, and full-body exercise options for versatile rehabilitation.
 - **Dependent Motion:** Enables stronger limbs to assist weaker ones, promoting balanced rehabilitation.
 - **Adjustable Cranks:** Upper and lower cranks have three length settings for tailored use.
 - **Step-Through Design:** Adjustable step-through allows easy access for all users.
 - **Removable Seat:** Allows for direct wheelchair accessibility, making it ADA-compliant.
 - **Bi-Directional Movement:** Forward and reverse pedaling enhances versatility and promotes reciprocal muscle balance.
 - **Low Starting Resistance:** Starts at just 6 watts for accessibility to users of all fitness levels.
 - **Resistance Range:** Offers 191 levels of resistance, adjustable in 0.1 increments for precise control.
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Standard Seat Features:

- **Forward and Back Adjustability:** Simple seat adjustment ensures user comfort.
 - **360° Therapist Assist Pedals:** Allows forward/back seat adjustments from any position around the machine.
 - **Custom Shape:** Reduces hamstring interference and provides lumbar support.
 - **Integrated Handle:** Easy seat removal for wheelchair accessibility.
 - **Premium Upholstery:** Durable and comfortable for long-term use.
 - **Weight Capacity:** Supports users up to 500 lbs.
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Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Intuitive touch screen with large, readable font and tactile buttons.
 - **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
 - **Resistance Levels:** 191 levels with 20 adjustable in 0.1 increments.
 - **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Stress Test
 - Random
 - **Power Burst Program:** 8-second bursts of high-intensity training.
 - **Cool Down:** Automatic cool-down mode at the end of each session.
 - **Administrative Mode:** Custom settings, metric/US units, and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Save workout results and charge electronic devices.
 - **Additional Features:** Integrated dual fans with three speeds, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
- **Maximum User Weight Capacity:** 500 lbs.
- **Unit Weight:** 236 lbs.
- **Unit Dimensions:** 61" L x 30" W x 62" H.
- **Frame Color:** Charcoal.
- **Cover Color:** Cool Gray.

- **Manufacturing:** Assembled in the USA.
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Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO2 Total Body Exerciser - Standard Seat?

The **SciFit PRO2 Total Body Exerciser - Standard Seat** is perfect for facilities that prioritize ease of use, versatility, and accessibility. Its durable build, advanced Intelli-Fit console, and simple seat adjustability make it ideal for users seeking comprehensive rehabilitation and fitness solutions.

SciFit Fitness PRO1 Upper Body Exerciser - Bariatric Seat

The **SciFit Fitness PRO1 Upper Body Exerciser - Bariatric Seat** is a highly adjustable, versatile exercise solution for users who want to target upper body strength and endurance. With its adjustable features, bi-directional movement, and bariatric seat, the PRO1 offers a comprehensive and inclusive option for rehabilitation and fitness settings.

Key Features:

- **Upper Body Exercise:** Designed for seated or standing workouts, providing versatility in rehabilitation and training.
- **Adjustable Tilt Head:** Accommodates users of all heights and ranges of motion, ensuring an optimal fit.
- **Adjustable Arm Cranks:** Offers 4 range-of-motion settings plus unison motion for tailored exercises.
- **Bi-Directional Movement:** Pedaling forward or reverse promotes muscle balance and prolongs exercise sessions.
- **Iso-Strength Program:** Safe, accommodating strength training with adjustable resistance.
- **Low Starting Resistance:** Starts at just 6 watts, making it accessible for all fitness levels.

- **Wheelchair Platform:** Includes a sturdy platform for wheelchair users or those performing standing exercises.
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Bariatric Seat Features:

- **Extra Width:** 5 inches wider than standard and premium seats.
 - **Weight Capacity:** Supports users up to 600 lbs.
 - **Forward/Back Adjustability:** Easily adjustable for optimal positioning.
 - **Side Handles:** Provides added comfort and safety during exercise.
 - **360° Therapist Assist Pedals:** Enables seat adjustments from any point around the machine.
 - **Removable Seat:** Integrated handle allows for easy seat removal to accommodate direct wheelchair access.
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Accessibility & Adjustability:

- **Step-Through Design:** Allows for easy entry and exit for all users.
 - **Direct Wheelchair Access:** Seat slides off for seamless wheelchair integration, making the machine ADA-compliant.
 - **Zero-Sloping Seat Adjustment:** Forward/back seat adjustments occur on a level monorail for smooth positioning.
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Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Easy-to-read display with tactile buttons and intuitive controls.
- **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
- **Resistance Levels:** 191 levels with 20 adjustable in 0.1 increments.
- **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Stress Test
 - Random

- **Power Burst:** 8-second bursts of high-intensity training.
 - **Cool Down:** Automatic cool-down mode begins after each session.
 - **User Settings:** Supports metric/US units and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Download results and charge devices.
 - **Additional Features:** Integrated cooling fans, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
 - **Maximum User Weight Capacity:** 600 lbs.
 - **Unit Weight:** 247 lbs.
 - **Unit Dimensions:** 60" L x 30" W x 77" H.
 - **Frame Color:** Charcoal.
 - **Cover Color:** Gray.
 - **Manufacturing:** Assembled in the USA.
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Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO1 Upper Body Exerciser - Bariatric Seat?

The **SciFit PRO1 Upper Body Exerciser** offers advanced accessibility, adjustability, and durability, making it an ideal solution for rehabilitation centers and fitness facilities. Its bariatric seat ensures comfort and safety for larger users, while its versatile features accommodate a wide range of therapeutic and fitness goals.

SciFit Fitness PRO1 Upper Body Exerciser - Premium Seat

The **SciFit Fitness PRO1 Upper Body Exerciser - Premium Seat** is a highly versatile and adjustable tool designed for upper-body strength training and rehabilitation. With its advanced

features and premium seat, it accommodates seated, standing, and ground-based training, making it an ideal choice for facilities that cater to diverse user needs.

Key Features:

- **Upper Body Exercise:** Supports seated or standing workouts, as well as ground-based training.
 - **Adjustable Tilt Head:** Fits users of all heights and ranges of motion for optimal positioning.
 - **Adjustable Arm Cranks:** Four range-of-motion settings and unison motion for tailored exercises.
 - **Bi-Directional Movement:** Forward and reverse pedaling for muscle balance and prolonged exercise sessions.
 - **Iso-Strength Program:** Offers safe and accommodating strength training with resistance adjustments.
 - **Low Starting Resistance:** Starts at just 6 watts for accessibility to users at all fitness levels.
 - **Wheelchair Platform:** Included for direct wheelchair access or standing exercises.
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Premium Seat Features:

- **Comprehensive Adjustability:**
 - Forward/back and up/down adjustments.
 - Recline adjustment with a 23-degree range for hip angle comfort and reduced stress on joints.
 - 360-degree swivel with locking at 90-degree intervals for safe entry/exit.
 - **Ergonomic Design:**
 - Custom seat shape reduces hamstring interference and supports the lumbar region.
 - Accessible adjustment levers on both sides of the seat for user convenience.
 - **Durable Build:**
 - Premium upholstery for long-term comfort and durability.
 - Robust seat base with integrated grooves to prevent unwanted movement.
 - **Weight Capacity:** Supports users up to 450 lbs.
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Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through for easy and safe access.

- **Direct Wheelchair Access:** Seat removal allows for wheelchair users to exercise directly.
 - **Zero-Sloping Seat Adjustment:** Forward/back adjustments occur on a level monorail for precise positioning.
 - **360° Therapist Assist Pedals:** Allows seat adjustments from any position around the machine.
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Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Clear, simple screens with tactile buttons for ease of use.
 - **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
 - **Resistance Levels:** 191 levels adjustable in 0.1 increments.
 - **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Random
 - Stress Test
 - **Power Burst:** High-intensity 8-second bursts for effective training.
 - **Cool Down:** Automatic cool-down mode after each session.
 - **Custom Settings:** Metric/US units and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Save workout results or charge electronic devices.
 - **Additional Features:** Dual-speed cooling fans, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
- **Maximum User Weight Capacity:** 450 lbs.
- **Unit Weight:** 255 lbs.
- **Unit Dimensions:** 60" L x 30" W x 77" H.
- **Frame Color:** Charcoal.
- **Cover Color:** Cool Gray.
- **Manufacturing:** Assembled in the USA.

Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO1 Upper Body Exerciser - Premium Seat?

The **SciFit PRO1 Upper Body Exerciser - Premium Seat** provides unmatched adjustability and comfort, making it a go-to choice for rehabilitation facilities and fitness centers. With its premium seat and advanced features, it ensures a safe, effective, and personalized workout experience for all users.

SciFit Fitness PRO1 Upper Body Exerciser - Standard Seat

The **SciFit Fitness PRO1 Upper Body Exerciser - Standard Seat** offers versatile and adjustable options for upper-body strength training and rehabilitation. Designed for seated, standing, or ground-based exercises, this machine is ideal for clinics, wellness centers, and fitness facilities focused on accessibility and ease of use.

Key Features:

- **Upper Body Exercise:** Supports seated or standing workouts and ground-based training for maximum versatility.
- **Adjustable Tilt Head:** Accommodates users of all heights and ranges of motion for optimal exercise positioning.
- **Adjustable Arm Cranks:** Offers four range-of-motion settings and unison motion for tailored rehabilitation and strength training.
- **Bi-Directional Movement:** Pedaling forward and reverse promotes reciprocal muscle balance and extends exercise sessions.
- **Iso-Strength Program:** Provides safe, accommodating strength training with progressive resistance.
- **Low Starting Resistance:** Starts at just 6 watts, making it accessible for users at all fitness levels.
- **Wheelchair Platform:** Ensures a stable foundation for wheelchair users or those performing standing exercises.

Standard Seat Features:

- **Forward/Back Adjustability:** Simple seat adjustment for user comfort and ease of use.
 - **360° Therapist Assist Pedals:** Allows seat adjustments from any position around the machine.
 - **Ergonomic Design:** Custom seat shape reduces hamstring interference and provides lumbar support.
 - **Integrated Handle:** Allows for easy seat removal to accommodate direct wheelchair access.
 - **Durable Upholstery:** Premium materials ensure long-term comfort and durability.
 - **Weight Capacity:** Supports users up to 500 lbs.
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Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through ensures safe and easy access for users with mobility challenges.
 - **Direct Wheelchair Access:** Removable seat allows wheelchair users to exercise without transferring.
 - **Zero-Sloping Seat Adjustment:** Smooth forward and back adjustments on a level monorail for precise positioning.
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Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Intuitive display with large font and tactile buttons for ease of use.
- **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
- **Resistance Levels:** 191 levels, adjustable in 0.1 increments.
- **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Random
 - Stress Test
- **Power Burst:** 8-second bursts of high-intensity training for effective workouts.

- **Cool Down:** Automatic cool-down mode after each session.
 - **Custom Settings:** Includes metric/US units, 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Save workout results or charge electronic devices.
 - **Additional Features:** Includes dual-speed cooling fans, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
 - **Maximum User Weight Capacity:** 500 lbs.
 - **Unit Weight:** 232 lbs.
 - **Unit Dimensions:** 60" L x 30" W x 77" H.
 - **Frame Color:** Charcoal.
 - **Cover Color:** Cool Charcoal.
 - **Manufacturing:** Assembled in the USA.
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Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO1 Upper Body Exerciser - Standard Seat?

The **SciFit PRO1 Upper Body Exerciser - Standard Seat** is a reliable and accessible option for rehabilitation and fitness. Its durable build, user-friendly adjustments, and advanced console make it ideal for facilities seeking a straightforward, effective, and inclusive upper-body exercise solution.

SciFit Fitness PRO1000 Upper Body Exerciser - Standard Seat

The **SciFit Fitness PRO1000 Upper Body Exerciser - Standard Seat** is an accessible, easy-to-use tool for upper-body strength training and rehabilitation. With its adjustable arm cranks, bi-directional movement, and user-friendly design, it supports diverse exercise needs for facilities aiming to provide effective and inclusive workouts.

Key Features:

- **Upper Body Exercise:** Designed to strengthen arms, shoulders, and core stabilizing muscles.
- **Adjustable Arm Cranks:** Three length settings allow for a custom fit and range of motion training.
- **Bi-Directional Movement:** Forward and reverse pedaling promotes muscle balance and extends exercise versatility.
- **Low Starting Resistance:** Starts at just 6 watts, making it ideal for users of all fitness levels.
- **Resistance Range:** Features 191 levels of resistance, adjustable in 0.1 increments for precise control.
- **Wheelchair Accessibility:** Removable seat ensures ADA-compliant direct wheelchair access.

Standard Seat Features:

- **Forward/Back Adjustability:** Simple seat adjustment for optimal positioning.
- **360° Therapist Assist Pedals:** Enables forward/back seat adjustments from any point around the machine.
- **Custom Ergonomic Shape:** Reduces hamstring interference and provides lumbar support.
- **Integrated Handle:** Allows for easy seat removal for wheelchair access.
- **Durable Upholstery:** Ensures long-term comfort and resilience.
- **Weight Capacity:** Supports users up to 500 lbs.

Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through ensures safe and easy access for all users.
- **Direct Wheelchair Access:** Removable seat slides off for wheelchair integration.
- **Foot Rests:** Provides multiple foot placement options for added comfort.
- **Zero-Sloping Seat Adjustment:** Smooth forward/back motion on a level monorail ensures safe positioning.

Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** User-friendly touch screen with large font and tactile buttons.
 - **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
 - **Resistance Levels:** 191 levels adjustable in 0.1 increments.
 - **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Random
 - Stress Test
 - **Power Burst:** High-intensity 8-second bursts for effective training.
 - **Cool Down:** Automatic cool-down begins after each session.
 - **Custom Settings:** Metric/US units, administrative mode, and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Allows users to download workout results or charge devices.
 - **Additional Features:** Includes dual-speed cooling fans, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating with low-voltage AC adapter (included).
 - **Maximum User Weight Capacity:** 500 lbs.
 - **Unit Weight:** 215 lbs.
 - **Unit Dimensions:** 61" L x 30" W x 62" H.
 - **Frame Color:** Charcoal.
 - **Cover Color:** Cool Gray.
 - **Manufacturing:** Assembled in the USA.
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Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO1000 Upper Body Exerciser - Standard Seat?

The **SciFit PRO1000 Upper Body Exerciser - Standard Seat** provides a straightforward, effective, and inclusive solution for upper-body exercise and rehabilitation. Its durable construction, advanced Intelli-Fit console, and ease of access make it a trusted choice for clinics, wellness programs, and fitness facilities.

Keiser Fitness M7i Wheelchair-Accessible Total Body Trainer

The **Keiser Fitness M7i Wheelchair-Accessible Total Body Trainer** offers a low-impact, versatile workout solution designed to accommodate all users, including cardiac rehab patients, seniors, and individuals with disabilities. With its wheelchair-accessible design, natural movement pattern, and precise metrics, the M7i is the ideal machine for specialized physiotherapy and total body training.

Key Features:

- **Wheelchair and Standard Chair Compatibility:**
 - Works seamlessly with wheelchairs or standard chairs, ensuring inclusivity and accessibility.
 - **Keiser Magnetic Resistance:**
 - Provides ultra-smooth, quiet movement with low starting resistance.
 - **Dependent Upper and Lower Cranks:**
 - Enables passive assistance for users with limited mobility.
 - **Natural Functional Movement Pattern:**
 - Mimics real-world activities, such as climbing stairs, with a 7-inch pedal stroke.
 - **Low-Impact Workouts:**
 - Reduces strain on joints, making it ideal for rehabilitation and senior users.
 - **Accurate and Measurable Metrics:**
 - Tracks METs, Watts, Steps Per Minute, and Distance, offering precise feedback for progress monitoring.
 - **Compact Design:**
 - Smallest footprint in its class, with transport wheels for easy movement.
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Accessibility and Safety:

- **Foot and Leg Stabilization:**
 - Optional **foot stability straps** and **leg stabilizers** keep the user's feet and legs securely in place for proper alignment during workouts.

- **Wrist Stability Straps (Optional):**
 - Provide additional support and stability for users who may feel unsteady during upper-body exercises.
 - **Enhanced Visibility:**
 - Power display features large lettering and high contrast for easy readability.
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Ergonomic Design:

- **Swivel Handles:**
 - Adjustable handles provide a comfortable grip and customizable positioning for users of varying needs.
 - **Back and Side Walls on Pedals:**
 - Keep feet securely on the footpads for added safety during exercise.
 - **Real-World Movement:**
 - The 7-inch pedal stroke mirrors the motion of climbing stairs, promoting functional strength and mobility.
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Optional Accessories:

1. **Wrist Stability Straps:**
 - Secure Velcro fasteners for added upper-body stability.
 2. **Foot Stability Straps & Leg Stabilizers:**
 - Ensure proper alignment and positioning of the legs during exercise.
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Technical Specifications:

- **Resistance System:** Keiser Magnetic Resistance
 - **Handles:** Swivel handles
 - **Transport Wheels:** Yes
 - **Dimensions:**
 - Length: 36.5 inches (handles in) / 48.5 inches (handles out)
 - Width: 27.75 inches
 - Height: 44.75 inches
 - **Weight:** 150 lbs.
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Warranty:

- **Parts:** 3 years
 - **Labor:** 3 years
 - **Wearable Parts and Upholstery:** 6 months
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Why Choose the Keiser M7i Wheelchair-Accessible Total Body Trainer?

The **Keiser M7i** offers a safe, inclusive, and functional workout solution for users of all abilities. Its unique design focuses on real-world movement patterns, accurate metrics, and ergonomic features to support rehabilitation, strength training, and cardiovascular fitness. With its compact size and versatility, the M7i is a top choice for clinics, physiotherapy centers, and wellness facilities.

<https://youtu.be/KADKK6Lfu0E>

SciFit Fitness PRO1000 Upper Body Exerciser - Premium Seat

The **SciFit Fitness PRO1000 Upper Body Exerciser - Premium Seat** is a cutting-edge solution for upper-body strength training and rehabilitation. With its premium seat, advanced features, and user-friendly design, it accommodates a wide range of fitness and therapeutic needs, providing comfort, accessibility, and versatility.

Key Features:

- **Upper Body Exercise:** Focuses on strengthening arms, shoulders, and core stabilizing muscles.
 - **Adjustable Arm Cranks:** Three range-of-motion settings and unison motion allow for a customized workout.
 - **Bi-Directional Movement:** Pedaling forward and reverse enhances versatility and promotes reciprocal muscle balance.
 - **Low Starting Resistance:** Starts at 6 watts, making it suitable for users of all fitness levels.
 - **Resistance Range:** Offers 191 levels, adjustable in 0.1 increments, for precise control and progression.
 - **Wheelchair Accessibility:** Removable seat ensures ADA compliance for direct wheelchair access.
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Premium Seat Features:

- **Comprehensive Adjustability:**
 - Forward/back and up/down adjustments.
 - Recline adjustment with a 23-degree range for reduced joint stress and optimal hip angle.
 - 360-degree swivel with locking at 90-degree intervals for safe entry and exit.
 - **Ergonomic Design:**
 - Custom shape reduces hamstring interference and provides lumbar support.
 - Accessible adjustment levers on both sides for ease of use.
 - **Durability:** Premium upholstery for long-lasting comfort and durability.
 - **Weight Capacity:** Supports users up to 450 lbs.
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Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through design ensures safe and easy access for users of all abilities.
 - **Direct Wheelchair Access:** Seat slides off to accommodate wheelchair users.
 - **Zero-Sloping Seat Adjustment:** Smooth forward/back adjustments on a level monorail provide precise positioning.
 - **360° Therapist Assist Pedals:** Enables seat adjustments from any point around the machine.
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Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** User-friendly interface with tactile buttons for easy navigation.
- **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
- **Resistance Levels:** 191 levels with 20 adjustable in 0.1 increments.
- **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Random
 - Stress Test
- **Power Burst:** High-intensity 8-second bursts for effective strength training.
- **Cool Down:** Automatic cool-down mode ensures proper recovery after workouts.

- **User Settings:** Includes metric/US units and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Save workout data or charge devices.
 - **Additional Features:** Dual-speed cooling fans, water bottle holder, accessory tray, and reading rack.
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Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
 - **Maximum User Weight Capacity:** 450 lbs.
 - **Unit Weight:** 239 lbs.
 - **Unit Dimensions:** 61" L x 30" W x 62" H.
 - **Frame Color:** Charcoal.
 - **Cover Color:** Cool Gray.
 - **Manufacturing:** Assembled in the USA.
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Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
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Why Choose the SciFit PRO1000 Upper Body Exerciser - Premium Seat?

The **SciFit PRO1000 Upper Body Exerciser - Premium Seat** is an exceptional choice for facilities prioritizing comfort, accessibility, and advanced functionality. With its adjustable premium seat and Intelli-Fit console, it provides a personalized, safe, and effective exercise experience for users of all abilities. This versatile machine is perfect for rehabilitation centers, clinics, and wellness programs.

SciFit Fitness PRO2 Total Body Exerciser - Premium Seat

The **SciFit Fitness PRO2 Total Body Exerciser - Premium Seat** is the ultimate rehabilitation tool, combining an upper body exerciser and lower body recumbent bike into one machine. Designed for versatility and accessibility, the PRO2 offers a complete solution for users seeking total body workouts or targeted rehabilitation.

Key Features:

- **Total Body Solution:** Offers upper-body, lower-body, and full-body exercise options for a versatile and comprehensive workout.
- **Dependent Motion:** Enables stronger limbs to assist weaker ones, promoting balanced muscle development and effective rehabilitation.
- **Adjustable Cranks:** Features three length settings for tailored upper and lower body exercises.
- **Bi-Directional Movement:** Pedaling forward and reverse enhances versatility, muscle balance, and exercise duration.
- **Low Starting Resistance:** Starts at just 6 watts, ensuring accessibility for users of all fitness levels.
- **Premium Seat:** Provides unmatched comfort and adjustability, supporting a wide range of user needs.

Premium Seat Features:

- **Adjustability:**
 - Forward/back and up/down seat adjustments.
 - Recline adjustment with a 23-degree range for optimal hip angle and reduced joint stress.
 - 360-degree swivel locks at 90-degree intervals for safe entry and exit.
- **Ergonomic Design:** Custom seat shape reduces hamstring interference and supports the lumbar region.
- **Accessibility:** Integrated handles and accessible adjustment levers on both sides of the seat ensure ease of use.
- **Durability:** Premium upholstery ensures long-term comfort and resilience.
- **Weight Capacity:** Supports users up to 450 lbs.

Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through design provides safe and easy access for all users.
- **Direct Wheelchair Access:** Removable seat ensures ADA-compliant access for wheelchair users.
- **360° Therapist Assist Pedals:** Enables forward/back seat adjustments from any position around the machine.
- **Zero-Sloping Seat Adjustment:** Smooth forward/back movement on a level monorail for precise positioning.

Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Easy-to-read display with intuitive navigation and tactile buttons.
- **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
- **Resistance Levels:** 191 levels, adjustable in 0.1 increments for precise control.
- **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Random
 - Stress Test
- **Power Burst:** High-intensity 8-second bursts for effective strength training.
- **Cool Down:** Automatic cool-down ensures proper recovery after each workout.
- **Custom Settings:** Includes metric/US units and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
- **USB Port:** Save workout data or charge electronic devices.
- **Additional Features:** Includes dual-speed cooling fans, water bottle holder, accessory tray, and reading rack.

Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
- **Maximum User Weight Capacity:** 450 lbs.
- **Unit Weight:** 260 lbs.
- **Unit Dimensions:** 61" L x 30" W x 62" H.
- **Frame Color:** Charcoal.
- **Cover Color:** Cool Gray.
- **Manufacturing:** Assembled in the USA.

Warranty:

- **Parts:** 3 years.
- **Labor:** 1 year.

Why Choose the SciFit PRO2 Total Body Exerciser - Premium Seat?

The **SciFit PRO2 Total Body Exerciser - Premium Seat** is ideal for facilities focused on rehabilitation, physical therapy, and inclusive fitness. Its premium seat provides unmatched adjustability and comfort, while the Intelli-Fit console ensures precise monitoring and progress tracking. Designed for versatility and accessibility, this machine is a top choice for clinics, wellness programs, and fitness centers.

SciFit Fitness PRO1000 Upper Body Exerciser - Bariatric Seat

The **SciFit Fitness PRO1000 Upper Body Exerciser - Bariatric Seat** is an advanced, inclusive solution for upper-body strength training and rehabilitation. Designed for accessibility and comfort, it features a wide bariatric seat, adjustable arm cranks, and low starting resistance, making it ideal for facilities catering to diverse user needs.

Key Features:

- **Upper Body Exercise:** Strengthens arms, shoulders, and core stabilizing muscles.
 - **Adjustable Arm Cranks:** Three range-of-motion (ROM) settings and unison motion allow for customized training.
 - **Bi-Directional Movement:** Forward and reverse pedaling promotes muscle balance and prolongs exercise sessions.
 - **Low Starting Resistance:** Starts at just 6 watts, ensuring accessibility for users of all fitness levels.
 - **Resistance Range:** 191 levels, adjustable in 0.1 increments, provide precise control and progression.
 - **Wheelchair Accessibility:** Removable seat ensures ADA compliance for direct wheelchair access.
-

Bariatric Seat Features:

- **Extra Width:** 5 inches wider than the premium and standard seats.
- **Weight Capacity:** Supports users up to 600 lbs.
- **Forward/Back Adjustability:** Simple seat adjustments for optimal positioning.
- **Side Handles:** Provide added comfort and safety during workouts.

- **360° Therapist Assist Pedals:** Allows seat adjustments from any position around the machine.
 - **Removable Seat:** Integrated handle for easy removal to accommodate wheelchair users.
-

Accessibility & Adjustability:

- **Step-Through Design:** Adjustable step-through seating ensures safe and easy access for all users.
 - **Direct Wheelchair Access:** Removable seat accommodates wheelchair users seamlessly.
 - **Zero-Sloping Seat Adjustment:** Forward/back adjustments occur on a level monorail for precise positioning.
 - **Foot Rests:** Include multiple placement options for added comfort during exercise.
-

Intelli-Fit™ Console:

- **7" Full-Color Touchscreen:** Intuitive display with large, easy-to-read font and tactile buttons.
 - **Metrics Displayed:** Time, level, distance, METs, heart rate, calories, RPM, and watts.
 - **Resistance Levels:** 191 levels adjustable in 0.1 increments.
 - **Programs:**
 - Quick Start
 - Constant Work (METs and Watts)
 - Manual
 - Hills
 - Heart Fit Test & Training
 - Fit-Quik®
 - Power Fit Test & Training
 - Iso-Strength
 - Random
 - Stress Test
 - **Power Burst:** Provides 8-second bursts of high-intensity training.
 - **Cool Down:** Automatic mode ensures proper recovery after each session.
 - **Custom Settings:** Includes metric/US units and 9 language options (English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch).
 - **USB Port:** Allows users to save workout results or charge devices.
 - **Additional Features:** Includes dual-speed cooling fans, water bottle holder, accessory tray, and reading rack.
-

Technical Specifications:

- **Power Requirements:** Self-generating with a low-voltage AC adapter (included).
 - **Maximum User Weight Capacity:** 600 lbs.
 - **Unit Weight:** 230 lbs.
 - **Unit Dimensions:** 61" L x 30" W x 62" H.
 - **Frame Color:** Charcoal.
 - **Cover Color:** Cool Gray.
 - **Manufacturing:** Assembled in the USA.
-

Warranty:

- **Parts:** 3 years.
 - **Labor:** 1 year.
-

Why Choose the SciFit PRO1000 Upper Body Exerciser - Bariatric Seat?

The **SciFit PRO1000 Upper Body Exerciser - Bariatric Seat** is designed to provide safe, effective, and inclusive upper-body workouts for all users. Its bariatric seat offers extra comfort and support for larger individuals, while its advanced features ensure versatility and precise control for rehabilitation and fitness programs. This machine is an excellent addition to clinics, wellness facilities, and fitness centers seeking to accommodate diverse user needs.

First Degree E950 Medical UBE (Upper Body Ergometer)

The **First Degree E950 Medical Upper Body Ergometer (UBE)** is a commercial-grade machine designed for upper-body strength training and rehabilitation. Engineered with versatility and accessibility in mind, it is suitable for athletes, fitness enthusiasts, and patients undergoing rehabilitation programs. With its removable seat and wheelchair ramp, the E950 ensures inclusive use for all individuals.

Key Features:

- **Fluid Resistance System:**
 - Equipped with a patented 10-level **Adjustable Fluid Resistance Twin Tank**.

- Provides smooth resistance at any RPM, adjustable from light to challenging intensities.
 - Operates in both forward and reverse directions for complete muscle engagement.
 - **Seated or Standing Access:**
 - Removable seat allows for wheelchair access, fitness ball use, or standing exercises.
 - Base platform accommodates all wheelchair types, including sports-specific models.
 - **Fully Adjustable Ergonomics:**
 - Adjustable crank height (715mm to 1245mm / 28.14" to 49.05").
 - Adjustable crank length (120mm to 240mm / 4.72" to 9.44").
 - Hand grips with adjustable angles for personalized comfort.
 - Seat position adjusts to accommodate different user sizes.
 - **Bidirectional Cycling:**
 - Enables both forward and reverse movements for balanced muscle training and rehabilitation.
 - **No External Power Required:**
 - Self-powered design allows installation on any flat surface.
-

Accessibility and Rehabilitation Benefits:

- **Wheelchair Friendly:**
 - The seat can be fully removed for wheelchair users. The ramp design ensures smooth access.
 - **Customizable Cranks:**
 - Adjustable crank height and length cater to a wide range of users and rehabilitation needs.
 - **Low-Impact Training:**
 - Ideal for patients with limited mobility, ensuring safe and effective rehabilitation.
-

Specifications:

- **Product Model No.:** E950
- **Fluid Resistance:** Vertical FDF Twin Tank with 10 levels
- **Product Net Weight:** 133.43 kg (294.16 lb)
- **Product Gross Weight:** 155.7 kg (343.19 lb)
- **Dimensions:**
 - Length: 1810mm (71.26")
 - Width: 1020mm (40.16")
 - Height: 1480mm (58.27")

- **Minimum Active Area Required:**
 - Length: 2410mm (94.88")
 - Width: 1370mm (53.93")
 - **Maximum User Weight:** 150 kg (330 lb)
 - **Arm Crank Height:** Adjustable from 715mm to 1245mm (28.14" to 49.05")
 - **Arm Crank Length:** Adjustable from 120mm to 240mm (4.72" to 9.44")
 - **Low Seat Height:** 540mm (21.3")
-

Commercial Warranty:

- **Frame:** 10 years
 - **Fluid Tank:** 5 years
 - **Mechanical and Non-Wearing Components:** 2 years
-

Why Choose the First Degree E950 Medical UBE?

The **E950 Medical Upper Body Ergometer** stands out for its versatility, accessibility, and smooth resistance system. With its customizable settings and robust build, it is an excellent tool for rehabilitation centers, clinics, and fitness facilities. Its wheelchair accessibility and fluid resistance technology make it an ideal solution for effective and inclusive training or therapy sessions.

NOHrD WaterGrinder Walnut

The **NOHrD WaterGrinder Walnut** combines the power of a professional grinder's cranking movement with the soothing element of water resistance. Inspired by the physical demands of sailing, this innovative fitness machine provides a unique, full-body workout focusing on the upper body. Crafted from solid walnut wood, this beautifully designed piece offers both functionality and style, seamlessly blending into any home or fitness space.

What is a Grinder?

In sailing, grinders perform the physically demanding task of hoisting sails by cranking the winches, transforming wind into propulsion. The NOHrD WaterGrinder Walnut replicates this

classic grinding movement, allowing you to achieve the fitness level of a professional racing grinder from the comfort of your home.

Key Benefits:

1. **Full Upper Body Conditioning:**
 - Targets arms, shoulders, chest, abs, and the entire back.
 - Promotes joint health and spinal resilience.
 2. **Strength and Endurance Training:**
 - Provides fast muscular fatigue through upper body endurance workouts.
 - Efficient and short sessions that build strength and stamina simultaneously.
 3. **Sophisticated Workouts:**
 - Enhances nervous and muscular system communication.
 - Conditions connective tissue (fascia) for greater daily resilience.
 4. **Versatile Training Possibilities:**
 - Features independent crank handles for symmetrical or reciprocal grinding.
 - Allows for one- or two-handed operation, in both forward and backward motions.
 - Adjustable hand pedal height for tailored resistance.
 5. **Water Resistance System:**
 - The water tank creates a smooth and dynamic resistance, enhancing workout realism and intensity.
-

Training Modes and Monitor:

The G1 Performance Monitor provides a variety of training programs:

- **Time/Distance Training:** Focus on achieving your goal within a set time or distance.
- **Rotational Speed Training:** Adjust intensity based on rotational speed, offering objective performance comparisons.
- **Versatility Drill Training:** Includes varied and unpredictable stimuli for dynamic workouts.
- **Racing Drill Training:** Compete against virtual or real opponents to hoist sails as quickly as possible.

Key Parameters Displayed:

- Rotational speed
- Pulse rate
- Time
- Distance
- Performance in watts

- Calories burned per hour
-

Adjustable Features:

1. **Hand Pedals:**
 - Adjustable height to customize resistance (smaller rotations = higher intensity).
 2. **Seat:**
 - Hooked on either side of the WaterGrinder in three different positions for ergonomic comfort.
 3. **Monitor:**
 - Rotating glass touchscreen monitor with multilingual support.
 - Automatically adjusts based on training side for seamless usability.
-

Specifications:

- **Material:** Solid walnut wood, black steel support legs, polycarbonate water tank.
 - **Monitor:** Rotating glass touchscreen with multilingual options.
 - **Dimensions:**
 - Height: 47.25"
 - Width: 43"
 - Depth: 31.5"
 - **Weight:**
 - Empty: 110 lbs
 - With Water (5 gal): 154.25 lbs
 - **Warranty:**
 - Frame: 5 years
 - Parts: 3 years
-

Why Choose the NOHrD WaterGrinder Walnut?

The **NOHrD WaterGrinder Walnut** is the perfect addition to any fitness routine, addressing the common deficit of upper-body conditioning in traditional cardio equipment. With its unique design, water resistance system, and advanced training capabilities, it is ideal for individuals seeking a challenging yet efficient workout. Its elegant walnut wood construction ensures it stands out as both a fitness tool and a piece of art in your home or fitness facility.

