

SPIRIT
powered by dyaco

**IMPROVING THE LIVES
OF PATIENTS AND
THERAPISTS**

REHABILITATION 2024



We built our first fitness product in 1983, with the simple goal of giving our customers the highest quality equipment to help them achieve their fitness goals. It is that same simple purpose which continues today in designing and developing every piece of equipment that bears the Spirit Fitness name. We make sure that each new equipment design meets the same demanding standards that have always crafted the Spirit Fitness brand.

Over the last 41 years, our focus has always been, and will continue to be, delivering a quality experience with our equipment. We understand that our products are a investment which is why they are engineered and built to last for years to come. All of our products are produced in our ISO-certified factories for consistent quality.

Spirit aspires to improve the lives of both patients and therapists. We understand the importance of tailoring treatment plans to meet each patient’s individual needs. Our solutions support therapists in doing just that. Through unprecedented product details and features tailored to fit patients, we can help facilitate better outcomes.

4.0 SERIES

Treadmill 5
Recumbent Bike 6
Upright Bike 7

7.0 SERIES

Treadmill 10
Recumbent Steppers.....11
Leg Stabilization Kit 13
Recumbent Bike 14
Upright Bike 15

COMPARISON CHARTS

Treadmills.....16
Recumbent Steppers.....17
Recumbent Bikes 18
Upright Bikes.....19

4.0 Series

Your patients are unique — our Rehabilitation line of equipment is designed to empower them in their recovery journey. Our solutions prioritize ideal ergonomics and accessibility for them, facilitating effective treatment sessions.



SPIRIT

powered by *dyaco*



**4.0T
Treadmill**



**4.0R
Recumbent Bike**



**4.0U
Upright Bike**



4.0T Treadmill

SPIRIT

powered by dyaco

4.0T Treadmill



- -5% to 15% decline/incline range adjusted in 0.5% increments
- Large 22" x 60" belt with self-lubricating deck
- Powerful 4.0 HP motor and 0.3 - 12 MPH speed range
- Full length handrails for added safety and stability
- Built-in cooling fan, USB charging port
- Current Leakage Protection with EMC Filter

The 4.0T treadmill is designed to provide optimal rehabilitation and fitness outcomes. Equipped with an extensive range of features, users will elevate their therapy sessions to new heights. This treadmill offers unparalleled customization to cater to each client's specific needs:

The 4.0T is built to endure rigorous workouts and therapeutic sessions and is the ultimate solution for any commercial therapy environment.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- | | |
|--------------------------------|-------------------------|
| ① White LED | ④ Built-in Cooling Fan |
| ② 20 Character Message Window | ⑤ Large Program Buttons |
| ③ Tablet Holder / Reading Rack | ⑥ Cup Holders |



4.0R Recumbent Bike



- Cordless convenience with self-generating power
- 40 levels of resistance
- Built-in cooling fan, dual cup holders
- 11 preset programs and built-in heart rate monitoring
- Supportive high-density foam seat with fore, aft, and recline angle adjustments

The 4.0R recumbent bike is designed to revitalize rehabilitation with comfort and precision. Embrace comfort, progress, and a brighter, more mobile future. Whether at home or in a clinical setting, the compact design and smooth operation ensure convenience without compromise.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- 1 White LED
- 2 20 Character Message Window
- 3 Tablet Holder / Reading Rack
- 4 Built-in Cooling Fan
- 5 Large Program Buttons



4.0U Upright Bike



- Cordless convenience with self-generating power
- 40 levels of resistance
- Built-in cooling fan
- 11 preset programs and built-in heart rate monitoring
- Fully adjustable high-density foam seat with fore and aft adjustment

Experience the transformative power of the 4.0U upright bike, meticulously crafted to rejuvenate rehabilitation with unrivaled comfort and precision. Engineered with precision and comfort at its core, plus self-generating power eliminates the hassle of cords. Conquer rehabilitation goals with exercises tailored to your client's needs.

The upright position fosters proper posture and alignment, maximizing the effectiveness of every session.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

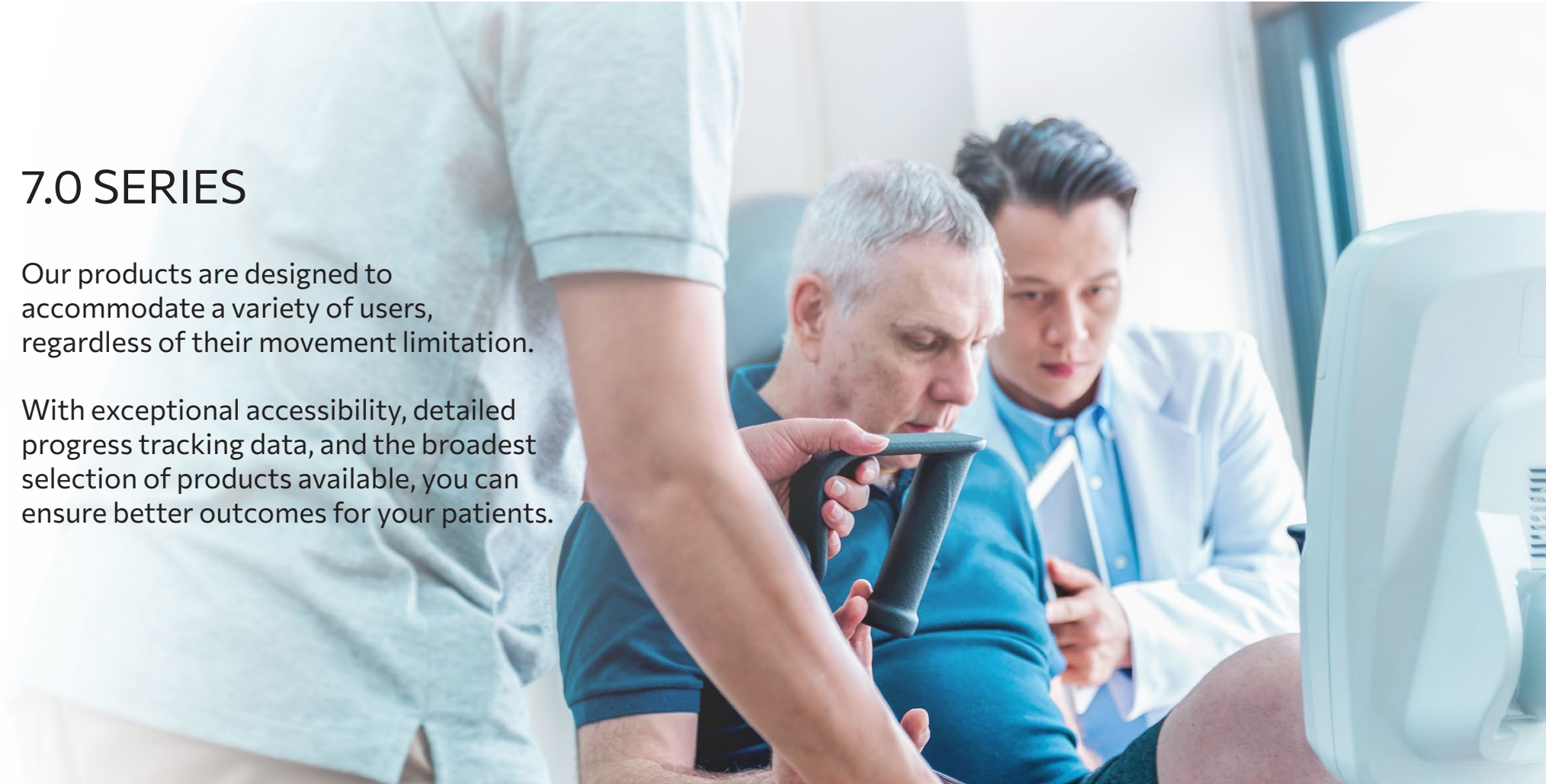
- ① White LED
- ② 20 Character Message Window
- ③ Tablet Holder / Reading Rack
- ④ Built-in Cooling Fan
- ⑤ Large Program Buttons



7.0 SERIES

Our products are designed to accommodate a variety of users, regardless of their movement limitation.

With exceptional accessibility, detailed progress tracking data, and the broadest selection of products available, you can ensure better outcomes for your patients.





7.0T
Treadmill



7.0S
Recumbent
Stepper



7.5S
Recumbent
Stepper



7.0R
Recumbent Bike



7.0U
Upright Bike

7.0T Treadmill



- -10% to 15% decline/incline range adjusted in 0.1% increments
- Large 22" x 60" belt with self-lubricating deck
- Powerful 3.0 HP motor with forward and reverse directional movement
- Adjustable height full-length handrails support a wide variety of users
- Multiple preset and customizable programs
- Current Leakage Protection with EMC Filter

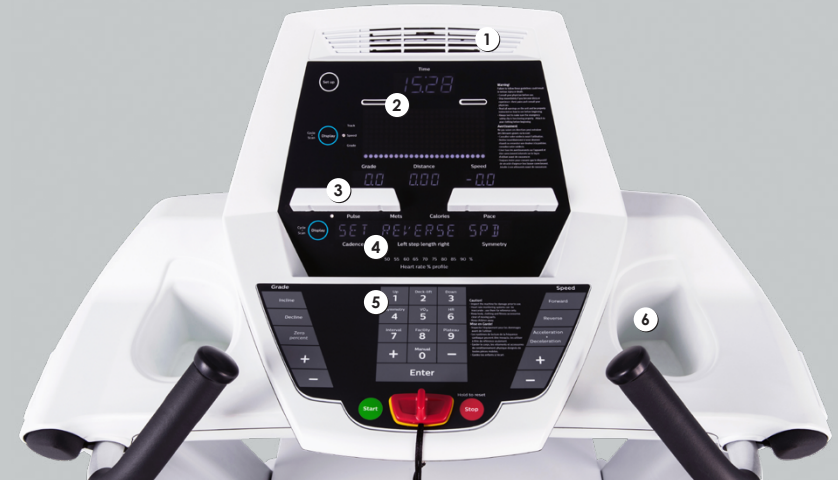
The 7.0T treadmill is engineered to deliver superior rehabilitation and patient results. With a comprehensive suite of features, users can enhance their therapy sessions like never before. This treadmill provides exceptional flexibility, allowing you to tailor every session to meet each client's unique needs. The 7.0T is designed to withstand intense therapeutic sessions, making it the ideal choice for any commercial therapy setting.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- 1 Built-in Cooling Fan
- 2 White LED Message Window
- 3 Tablet Holder / Reading Rack
- 4 20 Character Message Window
- 5 Large Program Buttons
- 6 Cup and Accessory Holders



SPIRIT

powered by dyaco

7.0S Recumbent Stepper



- Easy access with 360-degree swivel seat
- 20 levels of resistance
- Supportive high-density foam seat with fore, aft, and recline angle adjustments
- User-defined stride length from 1" up to 12.5" with fore and aft adjustment
- Downloadable workout data

Take rehabilitation to the next level with the 7.0S stepper, a semi-recumbent that keeps hips, knees and ankles protected from unnecessary strain. With its bilateral movements, patients can precisely design exercises to achieve symmetrical balance. The 7.0S stepper is your trusted partner in promoting rehabilitation, restoring mobility, and enhancing overall well-being.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- ① Heart Rate Graph
- ② White LED Window
- ③ Tablet Rack
- ④ Built-in Cooling Fan
- ⑤ Large Program Buttons
- ⑥ Accessory Pocket



7.5S Recumbent Stepper



- ADA-compliant with direct wheelchair access
- Bilateral movement and 20 levels of resistance
- Supportive high-density foam seat with fore, aft, and recline angle adjustments with adjustable armrests
- User-defined stride length from 1" up to 12.5"
- Large adjustable position handles with articulating grips

Make rehabilitation accessible for all with the 7.5S stepper, a semi-recumbent that accommodates wheelchair-bound patients. This stepper aligns with ADA compliance to facilitate accessibility and inclusivity in medical settings. This innovative stepper offers low-impact, full-body exercise to aid in rehabilitation and improves cardiovascular health. Its adjustable settings ensure a safe and personalized experience for individuals of varying abilities.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- | | |
|--------------------------------|--------------------------|
| ① White LED | ④ Accessory Pocket |
| ② Heart Rate Graph | ⑤ Built-in Cooling Fan |
| ③ Tablet Holder / Reading Rack | ⑥ Large Programs Buttons |



SPIRIT

powered by dyaco

MA902 Lower Extremity Bilateral Stabilization Kit



- Attachment just below the knee, thereby eliminating any knee torque
- Fully adjustable to keep the lower limb in proper alignment
- Calf support pivoting allows the ankle to move freely in its normal path
- Minimized lower limb adduction or abduction
- Easy attachment and removal on footplate assembly
- Lightweight construction

The kit offers advanced calf support for patients experiencing lower body deficiencies or weaknesses that require additional leg and foot alignment to achieve optimal results. This accessory complements the 7.0S & 7.5S Recumbent Steppers.



7.0R Recumbent Bike



- Numbered seat and pedal crank adjustments
- 50 levels of resistance
- Adjustable cranks provide customizable range of motion
- Resistance with forward and reverse pedaling motion
- Easy access with swiveling seat

Engineered to redefine rehabilitation with comfort and precision, the 7.0R recumbent bike sets the standard for advanced therapeutic solutions. Experience unparalleled versatility with features that support clients at all stages. With these cutting-edge features, our 7.0R recumbent bike is your trusted partner in promoting rehabilitation, restoring mobility, and enhancing overall well-being.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- | | |
|-------------------------------|-------------------------|
| ① Tablet Reading Rack | ④ White LED |
| ② 20 Character Message Window | ⑤ Large Program Buttons |
| ③ Handlebars | ⑥ Accessory Pocket |



7.0U Upright Bike



- Adjustable cranks to fit any range of motion
- 50 levels of resistance with forward and reverse pedaling motion
- Built-in tablet rack
- Choose from a variety of preset programs or create a custom workout
- Fully adjustable high-density foam seat with fore and aft adjustment

Look no further for the best low impact lower body solution on the Rehabilitation market. Discover the revolutionary 7.0U upright bike, designed to redefine rehabilitation with unmatched comfort and precision. Achieve your rehabilitation goals with exercises tailored to meet each client's specific needs. The upright design promotes proper posture and alignment, enhancing the effectiveness of each training session.

WARRANTY

5 Years - Parts; 1 Year - Labor

DISPLAY

- | | |
|-------------------------------|-------------------------|
| 1 Tablet Reading Rack | 4 Large Program Buttons |
| 2 20 Character Message Window | 5 Hand Pulse Grips |
| 3 White LED | 6 Accessory Pocket |



SPIRIT

powered by dyaco



Model Name	4.0T	7.0T
Power Source	100 - 120V Cord/ Outlet	100 - 120V Cord/ Outlet
Motor	4.0 HP	3.0 HP
Speed Range	0.3 to 12 MPH	-3 to 10 MPH
Start Up Speed	0.3 MPH	0.1 MPH
0.1 MPH Increment Speed Adjustments	✓	✓
Forward and Reverse Speed	-	✓
Incline Range	-5.0% to 15%	-10% to 15%
0.5% Increment Incline Adjustments	✓	✓
Bright White LED Display	✓	✓
Programs	20	6
Wireless Heart Rate Compatible	✓	✓
3-Speed Cooling Fan	✓	✓
USB Port	Type A for Charging	Type B for Data Transfer
Hand Pulse Sensors	✓	-
Audible Notifications	✓	✓

	4.0T	7.0T
Comfort Stop with Safety Lanyard	✓	✓
Removable Safety Step	-	✓
CSAFE Communication Port	✓	✓
Current Leakage Protection	with EMC Filter	with EMC Filter
Handrail Type	Standard Extended	Full Length, Adjustable Height
Large 22" x 60" Belt	✓	✓
440 lb User Weight Capacity	✓	✓
Step-Up Height	Ground to Deck: 7.75"	Ground to Step: 4.5" Step to Deck: 5.5"
Set Up Dimensions	84.1" x 61.6" x 35.7"	94.8" x 48.7" x 57.5"
Assembled Unit Weight	434 lb	496 lb
Box Dimensions	89.7" x 38.1" x 20.3"	A: 88.6" x 36" x 21.7" B: 62.6" x 35" x 11"
Box Weight	487 lb	A: 418 lb B: 129 lb
Warranty Rehab/Light Commercial/Residential (Non-Dues Paying)	5 Years Parts 1 Year Labor	5 Years Parts 1 Year Labor

SPIRIT

powered by dyaco



Model Name	7.0S	7.5S
Power Source	12V DC Cord/Outlet	12V DC Cord/Outlet
Magnetic Resistance Brake	✓	✓
Resistance Levels	1 - 20	1 - 20
Work Load Range	5 - 1000 Watts	5 - 1000 Watts
Start Up Resistance	5 Watts	5 Watts
Linear 1:1 Leg & Arm Motion	✓	✓
User Defined Stride Length	✓	✓
Adjustable Step Range	1" - 12.5"	1" - 12.5"
Bright Blue LCD Display	✓	✓
Programs	7	7
Symmetry Feedback	✓	✓
5KHz Heart Rate Receiver	✓	✓
Hand Pulse Sensors	✓	-
3-Speed Cooling Fan	✓	✓
CSAFE Communication Port	✓	✓
USB Port	Type B for Data Transfer	Type B for Data Transfer

7.0S		
Self-Adjusting Hand Grips	✓	✓
12-Position Adjustable Handrail	✓	✓
Step-Through Design	✓	✓
Wheelchair Anchor	-	✓
Swiveling High-Density Foam Seat	✓	✓
Reclining Seat Back	✓	✓
Fore/Aft Position Adjustments	18	18
Removable Seat for Wheelchair Access	-	✓
Recommended User Height	4' 10" - 6' 6"	4' 10" - 6' 6"
440 lb User Weight Capacity	✓	✓
Set-Up Dimensions	67" x 30" x 48"	77.6" x 33.5" x 46.5"
Assembled Unit Weight	257 lb	306 lb
Box Dimensions	72.4" x 23" x 30.5"	A: 45.8" x 22.8" x 34.1" B: 42.8" x 22.8" x 25.4"
Box Weight	282 lb	A: 177 lb B: 129 lb
Warranty Rehab/Light Commercial /Residential (Non-Dues Paying)	5 Years Parts 1 Year Labor	5 Years Parts 1 Year Labor

SPIRIT

powered by dyaco



Model Name	4.0R	7.0R
Power Source	Self-Generating	100 - 120V Cord/Outlet
Magnetic Resistance Brake	✓	✓
Resistance Levels	1 - 40	1 - 50
Work Load Range	10 - 750 Watts	5 - 1700 Watts
Start Up Resistance	10 Watts	5 Watts
Forward and Reverse Pedaling	-	✓
Adjustable Crank Arm	12	12
Bright White LED Display	✓	✓
Programs	11	10
Wireless Heart Rate Compatible	✓	✓
Hand Pulse Sensors	✓	✓
3-Speed Cooling Fan	✓	-
CSAFE Communication Port	✓	✓
USB Port	Type A for Charging	Type B for Data Transfer
Assistive Hand Grips	✓	✓
Step-Through Design	✓	✓

	4.0R	7.0R
High-Density Foam Seat	✓	✓
Swiveling Seat	-	✓
Reclining Seat Back	✓	✓
Fore/Aft Position Adjustments	18	18
Comfort Stop	-	✓
Recommended User Height	4'10" - 6'6"	4' 10" - 6' 6"
User Weight Capacity	350 lb	440 lb
Set-Up Dimensions	56.9" x 29.1" x 47.2"	55.1" x 32.7" x 46.9"
Assembled Unit Weight	176 lb	180 lb
Box Dimensions	57.6" x 22.2" x 29.8	57.1" x 17.7" x 29.9"
Box Weight	195 lb	199 lb
Warranty Rehab/Light Commercial/Residential (Non-Dues Paying)	5 Years Parts 1 Year Labor	5 Years Parts 1 Year Labor

SPIRIT

powered by dyaco



Model Name	4.0U	7.0U
Power Source	Self-Generating	100 - 120V Cord/Outlet
Magnetic Resistance Brake	✓	✓
Resistance Levels	1 - 40	1 - 50
Work Load Range	10 - 750 Watts	5 - 1700 Watts
Start Up Resistance	10 Watts	5 Watts
Forward and Reverse Pedaling	-	✓
Adjustable Crank Arms	-	✓
Bright White LED Display	✓	✓
Programs	11	10
Wireless Heart Rate Compatible	✓	✓
Hand Pulse Sensors	✓	✓
3-Speed Cooling Fan	✓	-
CSAFE Communication Port	✓	✓
USB Port	Type A for Charging	Type B for Data Transfer
Ergonomic Multi-Position Handlebar	✓	✓
Step-Through Height	✓	✓

	4.0U	7.0U
High-Density Foam Seat	✓	✓
12 Level Seat Height Adjustment	✓	✓
Fore/Aft Seat Adjustment	✓	✓
Safety Brake Lever	✓	✓
Recommended User Height	4' 10" - 6' 6"	4' 10" - 6' 6"
User Weight Capacity	350 lb	440 lb
Set-Up Dimensions	42.5" x 21.6" x 53.5"	43.3" x 22.4" x 54.3"
Assembled Unit Weight	133 lb	118 lb
Box Dimensions	45.3" x 20.5" x 30.1"	44.9" x 19.3" x 29.9"
Box Weight	151 lb	133 lb
Warranty Rehab/Light Commercial/Residential (Non-Dues Paying)	5 Years Parts 1 Year Labor	5 Years Parts 1 Year Labor

**MEDICALLY CERTIFIED, HOSPITAL-GRADE
REHABILITATION SOLUTIONS**

SPIRIT
powered by dyaco

©2024 ALL RIGHTS RESERVED